



Wilderness First Responder at Paradise Point (near Happy Camp, CA)  
**June 1-10, 2016**

## Medical Training on the River!

Join us at Paradise Point for an incredible 10 days of medical training on the banks of the Wild and Scenic Klamath River! Enjoy a spectacular wilderness camp (hot showers, huge beach, river front camping) and optional whitewater rafting while getting certified as a Wilderness First Responder (WFR).

The WFR course is designed to provide you with the tools to make critical medical and evacuation decisions in remote locations. Outdoor classroom lectures and demonstrations are combined with realistic scenarios where mock patients will challenge you to integrate your learning.

For pictures and video of the location, please visit: [awwrafting.com/training](http://awwrafting.com/training)

**Certification:** Participants are required to pass both written and practical examinations to obtain WFR and CPR certification. Successful course completion earns you a WMI Adult & Child CPR certification and a WMI Wilderness First Responder certification. EMTs will earn a Wilderness EMT certification. All certifications are current for two years.

**College Credit:** 3-4 semester credits are available from WMI-affiliated colleges and universities.

**Continuing Education Units:** This course is pre-approved for 70 hours of EMT Continuing Education Hours (CEH) by the [Continuing Education Coordinating Board for Emergency Medical Services](#) (CECBEMS).

Active members of the [Wilderness Medical Society](#) may earn up to 55 hours of credit towards a Fellowship of the Academy of Wilderness Medicine (FAWM). There is an

additional fee of \$15 for students requesting these credits. Check with the Wilderness Medical Society for your personal credit details.

This course is approved by the **United States Coast Guard** to satisfy the first aid and CPR training requirements [46 CFR 11.205(e)(1)(i) & 46 CFR 11.205(e)(2)(iv)] for a merchant mariner license.

## The Location:

**Paradise Point** is located in far Northern California on the banks of the Klamath River and surrounded by wilderness areas. Our 20 acre private camp includes hot showers, flush toilets, a huge beach, river-front camping (you may camp wherever you like on the property), a large covered meeting area, a deluxe outdoor kitchen, volleyball, horseshoes, frisbee golf and more. Bring your kayak, SUP, fly-rod, mountain bike...or a good book and watch the river go by.

We do not have cell reception, internet, or power at Paradise Point. The closest cell reception, markets, restaurants, and gasoline, is in the town of Happy Camp (about a 25 min drive). AT&T typically does not work in Happy Camp for cell coverage, (but there is wifi at the *Pizza House* in Happy Camp and pay phones- past participants with AT&T have always found a way to make needed communications).

The weather in early September is typically 70's - 80's and sunny (some chance of rain).

Adventure Whitewater owns and operates Paradise Point and will provide a free day of whitewater rafting on Day 6 (the day off from WFR instruction).

This is truly a rare opportunity to learn in the wilderness and be comfortable!

## Schedule:

**Please arrive by 9:00 am on June 1. We will be finished by 5 pm on June 10.**

Day 1: WFR course begins at 9 a.m. at Paradise Point.

Days 2-5: Course continues at Paradise Point.

Day 6: Day off from WFR instruction and optional FREE whitewater rafting on the Lower Klamath River (concludes with a provided lunch, giving you the afternoon off).

Days 7-10: Course continues at Paradise Point and concludes at 5pm on Day 10.

## Food:

At Paradise Point, we have a deluxe outdoor kitchen with cooking and eating utensils, multiple griddles, propane stoves, barbecues, granite countertops, and drinking water. Those camping at Paradise Point will have full access to the kitchen to prepare their own meals. Past participants have really enjoyed using this outdoor kitchen. We will provide soap/ sponges for dishwashing. We will provide several large coolers for you for items that you bring that require refrigeration. We will have ample ice when you arrive on Day 1 for food, but any restocking / additional ice will be your responsibility.

Since the nearest market is 25 min away, many students arrive on Day 1 with enough food to last until Day 5 (the day off from WFR instruction). Parry's Market (143 Davis Rd. Happy Camp, CA) is the closest mid size food market, but some students may prefer getting certain items in Medford, Yreka, or other towns on their way to Paradise Point.

## What to bring:

The weather is typically very nice during September but be prepared for anything. It usually creeps up towards the high 80's during the day and down in the 50's at night.

In addition to basic clothing items and layers please bring the following:

- Tent, sleeping bag, and pad. Optional: a small tarp to put your tent on.
- Food, coffee, any drinks you want besides water (see above)
- Towel, and portable toiletry bag (please note we don't have electricity for hair dryers etc).
- Swim suit, sunscreen, sunglasses, hat
- Shoes you are comfortable doing short hikes in.
- A durable water-bottle (Nalgene, Klean Kanteen, or similar) to bring on the river with you, and your favorite insulated tea/ coffee mug to keep your morning drink warm.
- A warm layer of clothing and rain jacket
- A small headlamp or flashlight.
- A personal first aid/ medications kit
- **For those rafting**, please bring river shoes or sandals: Tevas, Chacos, or a even an old pair of tennis shoes with water socks. Please avoid flip flops or booties/ watersocks without a relatively thick sole. Shorts, swimsuit, and a non cotton top (wool or synthetic) and waterproof windbreaker that you are comfortable bringing on the river in case of an unseasonably cool day. The water on the Klamath River is relatively warm and wetsuits are not required or typically recommended, but you are welcome to bring one if you have it.

**Optional:** recreation equipment (bike, kayak, paddle board, etc.) camera, musical instrument, hammock, bug repellent, sports gear (frisbee etc.), book/ notepad, and fishing gear (you'll need to pick up a fishing license- typically either in Yreka or Eureka).

## **Rafting on day 6 (the day off from the WFR course):**

Free professionally guided whitewater rafting on Day 6 (the day off from WFR instruction). A beautiful section of river with excellent wildlife, multiple class II - III (intermediate rapids, great for first time or experienced rafters alike) near Paradise Point on the Lower Klamath River. The whitewater guides are happy to teach those interested the basics of raft guiding and swift water skills (how to swim effectively in a rapid, throw bag rescue use, how to set a ferry angle, and more). We will raft in the morning hours and provide lunch (the afternoon is yours to practice WFR skills, relax, resupply on food if needed).

## **Traveling to Paradise Point:**

### **TRAVELING BY PLANE**

Medford, Oregon (a 2-hour drive from Paradise Point) is typically the best airport to fly into. Medford has variety of daily flights and often the most reasonable airfare and rental car options. Crescent City, Redding, and Arcata are alternate nearby options. For those willing to do a longer drive (or wanting to see more of the local attractions), San Francisco, Oakland, Sacramento, and Eugene all have major airports, and may offer less expensive airfare/ rental car options.

### **FROM INTERSTATE 5 (I-5):**

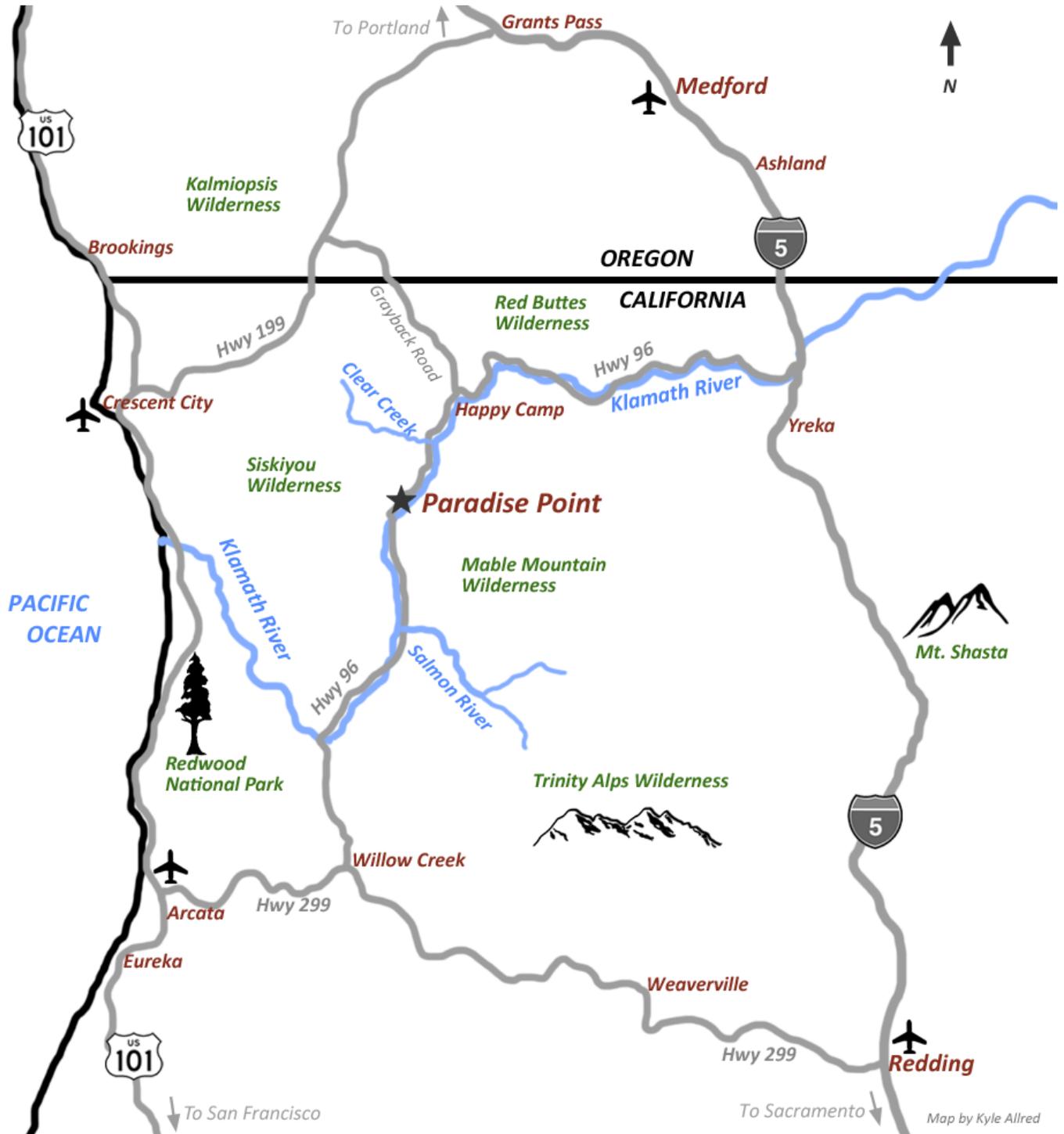
From I-5, take the exit for Highway 96 for the Klamath River Highway (exit 786). Continue along the Klamath River Hwy (Hwy 96) for 63 miles until you reach the town of Happy Camp. This is the last remnant of civilization before Paradise Point (Gas, Food, reliable cell phone coverage, etc.) Set your odometer in Happy Camp, and continue on Hwy 96 as Paradise Point is 18 miles past Happy Camp. The turn for Paradise Point is exactly 0.9 miles past a sign for "Coon Creek River Access." Look for a small sign on the left and an open yellow gate. Follow the dirt road to the right until you reach the parking area. If you get to "Dillon Creek Campground" you've gone 3.5 miles too far.

NOTE: If traveling from I-5, north of Grants Pass in Oregon, taking Hwy 199, then "Grayback Rd" (as pictured in the map above) can take you directly to Happy Camp and save you about 30 min of driving time. Please consult a more detailed map before taking Grayback Rd. (it also is a curvy road and not for those prone to motion sickness!).

### **FROM US 101 (NORTHERN CALIFORNIA COASTAL CITIES)**

From US 101, take the exit for CA-299 (toward Weaverville/Redding). Continue on CA-299 for 37 miles until you reach the town of Willow Creek (probably the best place to fill up on gas, snacks, and one of the last places with reliable cell phone coverage). From Willow Creek, set your odometer, and turn left onto Hwy 96 (Klamath River Hwy) and continue for just over 63 miles until you reach Paradise Point. As you get close, please slow down and look carefully on your right for an open yellow gate and the back of a small sign (the front of

which will say Paradise Point). Paradise Point is located about 3.5 miles past "Dillon Creek Campground", and if you reach a sign for "Coon Creek River Access," you've gone 0.9 miles too far.



## Prices:

**\$675** Total course tuition (Deposit: \$200. Reserves your spot, refundable until April 27)

**\$90** (\$9 per night) for optional camping/overnight parking at Paradise Point which includes access to:

- Several acres of spectacular riverfront camping on the banks of the Wild and Scenic Klamath River with a large beach and swimming hole
- Deluxe hot showers and flush toilets
- A full outdoor kitchen with propane stoves and griddles, granite countertops, cooking gear, and coolers to keep food cold.

**FREE:** Professionally guided whitewater rafting on the class 3 Klamath River scheduled during the "day off" from WFR training (1/2 day of rafting includes rafting equipment and lunch). The whitewater guides are happy to teach those interested the basics of raft guiding and swift water skills (how to swim effectively in a rapid, throw bag rescue use, how to set a ferry angle, and more).

## Registration / Policies

A deposit of \$200.00 is required to reserve a space in the course. Tuition is due 35 days prior to course start date (Or, if space available, at the time of signing up- If within 35 days of the course start date). If tuition is not received 35 days prior to the course start date, your spot may become available to someone on the waiting list.

The tuition fee covers textbooks, syllabus, equipment and certifications. WMI is not obligated to allow any student to attend a course until all WMI paperwork has been received, reviewed and approved by WMI. A full refund will be given if we need to cancel the course for any reason.

## Cancellation and Refund Policy

Greater than or equal to 35 days prior to the course starting date, tuition and deposit will be refunded. Within 35 days of the course start date, tuition and deposit is non-refundable and non transferable.

## Paradise Point Policies

Use of Paradise Point, and in particular the Klamath River is at your own risk. When participating in this course, you assume all responsibility and liability for swimming in the

river or any other activities you may choose to do. For your safety, we strongly encourage, anyone using the river to wear a personal floatation device (PFD).

For more information about Paradise Point and the surrounding area, please visit [www.awwrafting.com](http://www.awwrafting.com)

### Course Schedule in detail:

#### DAY 1

##### Morning

Introductions: Wilderness vs. Urban  
Patient Assessment System

##### Afternoon

Patient Assessment System  
Documentation

*Readings: Ch. 1*

#### DAY 2

##### Morning

Spinal Cord Injury  
Lifting and Moving  
Spinal Immobilization & Litter Packaging

##### Afternoon

Chest Injury  
Shock

*Readings: Ch. 2, 3, 4*

#### DAY 3

##### Morning

Focused Spinal Assessment  
Head Injury

##### Afternoon

Athletic Injury  
Fracture Management

##### Evening

Traction Splinting  
Dislocations

*Readings: Ch. 4, 5, 6*

#### DAY 4

##### Morning

Wilderness Wound Management

##### Afternoon

Hypothermia, Frostbite and Non-Freezing Cold Injury  
Heat and Hydration

*Readings: Ch. 7, 8, 9, 10, 23*

#### DAY 5

##### Morning

Altitude Illness  
Bites and Stings

##### Afternoon

Lightning  
Submersion  
Leadership, Teamwork, Communication

*Readings: Ch. 11, 12, 13, 14, 26*

#### DAY 6-DAY OFF

#### DAY 7

##### Morning

Cardiac  
CPR

##### Afternoon

CPR  
Respiratory  
Altered Mental Status

*Readings: Ch. 17, 19*

#### DAY 8

##### Morning

Acute Abdomen  
Allergies and Anaphylaxis

##### Afternoon

Diabetes  
SAR, Evac and Emergency Plans

##### Evening

Mock Rescue

*Readings: Ch. 16, 18, 19, Appendix B*

#### DAY 9

##### Morning

Decision-making  
Mental Health  
Urinary and Reproductive

##### Afternoon

Poisoning  
Communicable Disease  
Medical Legal

*Readings: Ch. 12, 20, 21, 22, 27, 28, 29*

#### DAY 10

##### Morning

Common Problems Wrap-up  
Wilderness Drug and First Aid Kits  
Written and Practical Exams

*Readings: Ch. 24, 25, Appendix A*

##### Afternoon

Written and Practical Exams  
Closing Ceremony